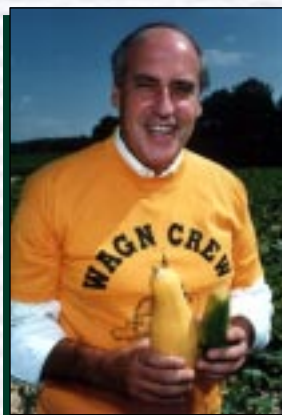


*“Each year—in the fields, commercial kitchens, markets, stores, and restaurants—millions of pounds of food go to waste...*

*We need to find ways to get this food into the mouths of the hungry and not into the mouth of the dumpster.”*

— Secretary Dan Glickman



## How to Help

To learn more about national organizations, their affiliates, and independent groups, go to the USDA Web Site:



- [www.usda.gov/fcs/glean.htm](http://www.usda.gov/fcs/glean.htm)  
or call **1-800-GLEAN-IT.**

The following national organizations oversee food recovery projects or provide technical assistance. There may also be groups in your area that are not part of these organizations.

- **The Chef and the Child Foundation**  
**904-824-4468, ext. 104**  
[www.acfchefs.org/ccf.html](http://www.acfchefs.org/ccf.html)
- **Congressional Hunger Center**  
**202-547-7022**  
[www.hungercenter.org](http://www.hungercenter.org)
- **Foodchain**  
**1-800-845-3008**  
[www.foodchain.org](http://www.foodchain.org)
- **From the Wholesaler to the Hungry**  
**213-342-2613**
- **Second Harvest**  
**312-263-2303**  
[www.secondharvest.org](http://www.secondharvest.org)
- **Society of St. Andrew**  
**1-800-333-4597**  
[www.endhunger.org](http://www.endhunger.org)

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**USDA** Food Recovery & Gleaning Initiative

## Help Feed the Hungry

### What You Can Do to Glean and Recover Excess Food





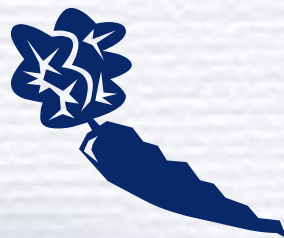
## You Can...

### Glean Excess Food from Farms or Orchards

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Gleaning involves either hand picking or mechanically harvesting nutritious foods from farms or orchards.

One group, the Society of St. Andrew, takes donated produce from fields or packinghouses and ships it to the poor throughout the United States. It has gleaned more than 200 million pounds of fresh fruits and vegetables to feed the hungry and can help others get started.



## You Can...

### Salvage Perishable Produce and Rescue Prepared Food

.....

Often wholesale food markets and retail grocery stores are unable to sell their perishable fruits and vegetables while they are still ripe and wholesome. A group that has helped more than 60 communities establish programs to donate fresh fruits and vegetables to feeding organizations is From the Wholesaler to the Hungry.

Food rescue takes surplus food from restaurants, corporate cafeterias, and caterers so that it does not go to waste. Foodchain is a national food rescue organization with 131 member programs that collect and safely distribute excess food to non-profit agencies.



## You Can...

### Collect Nonperishable, Processed Food

.....

Much of the nation's food supply comes in the form of canned and boxed goods. Because these foods have been processed and are not perishable, they usually have long shelf lives.

A good way to use an excess of these products from manufacturers, grocery stores, or people's homes is to donate them to the hungry.

A leader in collecting nonperishable foods is Second Harvest. It is the largest domestic charitable hunger relief organization in the United States.

